

Fascia for Research – Covid – 19

INTERNATIONAL ONLINE EVENT ON FASCIA, DEDICATED TO SUPPORT RESEARCH ON COVID -19

April 25, 2020

9.30 – 18.30 CEST (Rome Time Zone)

STREAMING Online

FREQUENT ASKED QUESTIONS

1) HOW TO REGISTER to FASCIA for RESEARCH (ENGLISH EVENT)

Access link <https://bit.ly/fascia4research-en>

SELECT YOUR LANGUAGE CLICKING ON “**TRANSLATE**” TAB (ORANGE ON LEFT DOWN CORNER)

Click > “SIGN UP”

Click > “ADD TO CART”

Click > COMPLETE ORDER

Insert BILLING DETAILS

Click > “CONTINUE”

Insert ADDITIONAL INFORMATION (Optional)

Click > “CONTINUE”

Click > “CONTINUE TO PAYPAL”

When the registration has been completed you shall receive a confirmation by 10 minute from the completion of the order.

2) HOW IS IT POSSIBLE TO WATCH THE EVENT?

The event will delivered live in streaming on a private YOUTUBE channel, in 2 versions, 1 in Italian and 1 in English. All the information on how to access the event will be provided 24 hours before the start of the event.

To watch the event you need a PC / Tablet / Smartphone, a good internet connection and access to Youtube.

No registration is required on any Zoom or Skype platform. The streaming can be followed in Broadcasting mode

3) WHEN IS IT POSSIBLE TO SEE THE EVENT?

The event can watched at any time after the start of the streaming. All the material will be available on a private youtube channel for all the subscribers.

The live streaming on Youtube will begin at 9.30 on 25 April 2020. Access to streaming can also be done once the event has started. The user has the option to continue following the live broadcast or to start watching the event from the beginning.

The event will remain available on the YouTube channel after the event is over and it can be reviewed by all users who have registered for FASCIA for RESEARCH - COVID 19.

4) WHICH INSTITUTE WILL BE DONATE THE INCOMES?

The entire fundraising will be donated to Institute for Infectious Diseases “LAZZARO SPALLANZANI” in Rome, for the research of Covid – 19 and for the realization of

- a study of virus biology with two-dimensional and three-dimensional in vitro culture models;
- a study of pathogenesis by infection and severity marker;

Thanks to all those who want to contribute by donating their registration fee to the event

5) Why the “LAZZARO SPALLANZANI” IRCCS Institute in Rome?

The virologists of the National Institute of Infectious Diseases “Lazzaro Spallanzani”, less than 48 hours after the diagnosis of positivity for the first two patients in Italy, managed to isolate the virus responsible for the infection, the first institute in Europe.

The chance to have the virus isolated and available in a such a short time has been fundamental to allow the entire research community on Covid – 19 to refine existing diagnostic methods and set up new ones. The partial sequence of the virus isolated in the Spallanzani laboratories, called 2019-nCoV / Italy-INMI1, has already been deposited in the GenBank database, and contextually the virus has been made available to the international scientific community.

Currently the IRCCS “LAZZARO SPALLANZANI” in Rome is at the forefront of research on Covid – 19

The entire collection will be completely donated for research.

6) ARE PREREQUISITES NECESSARY FOR PARTICIPATION IN THE EVENT?

The event is recommended for Physiotherapists, Doctors and Osteopaths, Yoga and Pilates Instructors, Personal Trainer and all experts in activities related to movement and research.

7) WHO WILL CONTRIBUTE TO FASCIA FOR REASEARCH?

- Carla Stecco
- Neil Theise
- Phillip Beach
- Robert Schleip
- Jan-Paul Van Wingerden
- Alessandro Pedrelli
- Daniela Meini
- Anna Maria Vitali
- Antonio Stecco
- Caterina Fede
- Carmelo Pirri
- Divo Müller
- Andry Vleeming
- Serge Gracovetsky
- JC Guimberteau

8) WHAT IS THE DETAILED PROGRAM?

PROGRAM

9,30 Introduction

9,45 Carla Stecco - Fascial Anatomy

10,15 Caterina Fede - The cells of fascia and their receptors: how the fascial tissue responds to various

stimuli

10,45 Alessandro Pedrelli - Exploring the ancient techniques of Yoga focusing on the Fascia – practical section

11,15 Break

11,30 Antonio Stecco - Fascial Densification

12,00 Carmelo Pirri - Evaluation of Fascial Dysfunction by Ultrasonography

12,30 Anna Maria Vitali - Fascial Training – practical section

13,00 Lunch Break

14,00 Neil Thiese: Continuity of interstitial spaces throughout the human body

14,30 Jan-Paul van Wingerden: Abdominal wall as hydraulic pressure system

15,00 Daniela Meinel - Integral Fascial Yoga – practical section

15,30 Break

15,45 Phillip Beach - All the apes “hang-out”

16,15 Andry Vleeming - The functional Anatomy and Kinematics of the Spine

16,45 Divo Muller - Fascial Fitness for Pelvic Floor – practical section

17,15 Break

17,30 Robert Schleip - Fascia and Autonomic Nervous System

18,00 Serge Gracovetsky and JC Guimberteau - Reflections on past, present and future of Fascia

19,00 Conclusions

9) DONATION RECEIVED FUNDS TRANSFER?

The entire fundraising will be completely donated for research. Receipt of the donation will be provided to all participants at the end of the event

10) CAN YOU DONATE ONLY WITHOUT PARTICIPATING TO THE EVENT?

Yes